

MADRESFIELD EARLY YEARS CENTRE

MENU – WEEK ONE

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------------------|---|---|--|--|---|
| L U N C H | Main Cod / Lentil & Vegetable Gratin Dessert Orange, Banana & Honey Sponge | Main Chicken & Chorizo / Quorn & Vegetable Penne Pasta Dessert Fresh Fruit & Natural Yoghurt | Starter Garlic Doughballs Main Mildly Spiced Beef / Quorn & Vegetable Chilli & Rice | Main Minced Pork / Bean & Vegetable Pasta Spirals Dessert St Clements Shortbread and Milk | Starter Tomato and Herb Spirals Main Cheese & Potato Pie with Vegetables and Tomato & Herb Sauce |
| T E A | Pasta / Rice Bar | Hot Dogs | Filled Sandwiches | Beans & Homemade Bread | Pick & Mix |

MADRESFIELD EARLY YEARS CENTRE

MENU – WEEK TWO

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------------|---|---|---|---|--|
| L U N C H | Main Creamy Tomato & Basil Pasta Shells Dessert Lemon Biscuits with Milk | Starter Cheesy Herb Twists Main Teriyaki Chicken / Chickpeas & Rice | Main Cowboy Hotpot Dessert Peach and Banana Muffins | Starter Fruit Kebabs Main Salmon / Quorn and Sweetcorn Pasta Twists | Main Cottage Pie Dessert Chocolate Delight with Banana |
| T E A | Pick & Mix | Spaghetti & Homemade Bread | Pasta / Rice Bar | French Bread Pizza | Filled Sandwiches |

MADRESFIELD EARLY YEARS CENTRE

MENU – WEEK THREE

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------------|---|--|---|--|--|
| L U N C H | Main Tuna / Quorn & Pea Risotto Dessert Banana Muffins | Starter Medley of Fruit Main Cheesy Broccoli Pasta Bows | Main Minced Beef / Bean & Vegetable Ragu Dessert Jelly & Fruit | Starter Pizza Pinwheels Main Pork / Quorn sausage, Mash, Vegetables & Gravy | Main Chicken / Lentil & Vegetable Tikka & Rice Dessert Jam Tarts and Milk |
| T E A | Filled Sandwiches | Pick & Mix | Spaghetti & Crusty Bread | Pasta / Rice Bar | Fish Finger Baps |

MADRESFIELD EARLY YEARS CENTRE

MENU – BABY CARE

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------|---|---|--|---|--|
| Week One | Lunch Cod / Lentil & Vegetable Gratin Dessert Fruit Puree Tea Cheesy Pasta Bake | Lunch Chicken & Chorizo / Quorn and Vegetable Penne Pasta Dessert Fruit Puree Tea Shepherds Pie | Lunch Mildly Spiced Minced Beef / Quorn & Vegetable Chilli and Rice Dessert Fruit Puree Tea Chicken / Quorn & Vegetable Hotpot | Lunch Minced Pork / Bean & Vegetable Pasta Spirals Dessert Fruit Puree Tea Salmon / Quorn & Vegetable Jambalaya | Lunch Cheese & Potato Pie with Vegetables & Tomato and Herb sauce Dessert Fruit Puree Tea Tomato & Vegetable Tagliatelle |
| Week Two | Lunch Creamy Tomato & Basil Pasta Shells Dessert Fruit Puree Tea Fish Pie | Lunch Teriyaki Chicken / Chickpeas & Rice Dessert Fruit Puree Tea Cauliflower Cheese | Lunch Cowboy Hotpot Dessert Fruit Puree Tea Chicken / Quorn & Leek Pasta Bake | Lunch Salmon / Quorn & Sweetcorn Pasta Twists Dessert Fruit Puree Tea Beef / Lentil & Vegetable Casserole | Lunch Cottage Pie Dessert Fruit Puree Tea Ham / Bean & Mushroom Linguine |
| Week Three | Lunch Tuna / Quorn & Pea Risotto Dessert Fruit Puree Tea Spaghetti Bolognese | Lunch Cheesy Broccoli Pasta Bows Dessert Fruit Puree Tea | Lunch Minced Beef / Bean and Vegetable Ragu Dessert Fruit Puree Tea Macaroni Cheese | Lunch Pork / Quorn, Mash, Vegetables & Gravy Dessert Fruit Puree Tea | Lunch Chicken / Lentil & Vegetable Tikka with Rice Dessert Fruit Puree Tea Cod / Quorn & Potato Bake |

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| | | Chicken / Chickpea & Rice Stroganoff | | Pork / Quorn & Vegetable Stir Fry | |
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